Media, PA – Today Congressman Joe Sestak (D-PA) met with senior constituents at the New Seasons of Devon Senior Assisted Living Facility, the Wellington independent living facility and the Paoli Sunrise facility to discuss the Veterans' History Project and veterans' issues as well as other important issues to seniors.

Created in 2000 by the United States Congress, the Veterans History Project at the Library of Congress seeks to collect and archive the personal recollections of U.S. wartime veterans to honor their service and share their stories with current and future generations. The Project also collects stories from home front civilians who worked in support of our armed forces. Congressman Sestak has been instrumental in raising knowledge about the Veterans History Project and encouraging participation in the project by our area veterans and high school students. Over Memorial Day weekend, Joe launched a "recollection collection drive" that brought together veterans from our regions and area high school students to participate in the project. Area high school students will be a significant part of supporting this process by interviewing veterans over the coming months and years, learning the value of public service from the experiences of those who came before them. Veterans who are interested in sharing their recollections should contact Congressman Sestak's office at 610-892-8623.

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— "It is important that we work closely to record the thoughts and recollections of our veterans to ensure that future generations, particularly our students, have access to the memories and experiences of veterans acquired during their service to the nation," said Congressman Sestak. "These individual stories will provide historians with invaluable information to give context to some of the greatest moments in our history and some of the most tragic. Just as important, it will provide the public with a way to remember and celebrate the sacrifices made by the men and women who have fought to protect our freedom."

Congressman Sestak also spoke of his work for veterans. Since he has been in Congress, Congressman Sestak has fought for the men and women who have served and who are currently serving in our armed forces. He recently supported the Military Construction-Veterans Affairs Appropriations Bill which provided the largest single increase to the Veterans Administration budget it its 77 year history -- \$6.7 billion additional dollars for the Veterans Administration. With passage of this bill, the 110th Congress has voted for historic increases in veterans' health care and benefits programs, totaling nearly \$12 billion (including the joint resolution and the supplemental), to meet the needs of returning veterans from Iraq and Afghanistan and make up for the Bush Administration's past shortcomings in its treatment of veterans. Specifically the bill provides the following: Historic funding for the Veterans' Administration, increasing its budget \$6.7 million over last year's level; strengthened Veterans' Mental Health Services, an additional \$600 million has been added for mental health – including post-traumatic stress disorder and brain injuries; strengthened our military by including an unprecedented \$21.4 million for military construction; and enhanced accountability. This will help to ensure that the 1,145,918 veterans in Pennsylvania receive care worthy of their sacrifice.

Additionally, for the first time, the budget for VA medical care exceeds the budget of the veterans' service organizations by \$294 million. This will ensure quality health care for 5.8 million patients, including about 263,000 Iraq and Afghanistan veterans, which the VA will treat in FY 2008. It also significantly reduces the 400,000 claims backlog for veterans waiting for disability and other benefits by adding more than 1,100 new claims processors. And it provides much needed maintenance of VA health care facilities (funding is \$500 million above the President's request) to prevent a Walter Reed-type scandal from occurring – a recent VA report outlined 1,000 specific problems at VA health facilities around the country, with a backlog of \$5 billion in maintenance.

The Congressman has also been fighting for the men and women who have served and who are currently serving in our armed forces. He successfully passed two amendments to the Wounded Warrior Assistance Act, which will improve mental health care for our wounded soldiers. The first amendment highlights the fact that mental health care is an essential component to the medical services offered to our Veterans and the members of our Armed Services by clarifying that 'medical care' as defined in this bill includes mental health care services. The second amendment requires the Secretary of the Department of Defense to develop a plan to help prevent Post-Traumatic Stress Disorder and other stress-related psychopathologies (including substance abuse conditions) from developing in our military service members. In addition, it requires the Secretary to submit to Congress within 180 days a plan for establishing a Peer-Reviewed research program within the Defense Health Program's research and development function to research the prevention of Post-Traumatic Stress Disorder and how to best strengthen the psychological resiliency of our military service members. Both amendments passed with unanimous support.

Additionally, as the Vice-Chairman of the Small Business Committee he supported the Veterans' Programs Act of 2007 requires that two new Veteran Business Outreach Centers open in 2008 and 2009 to help veterans pursue or resume business activities after they leave service. It also requires a special outreach to veterans through the Department of Labor's Transition Assistance Program workshops.

"As someone who wore the cloth of this nation for 31 years, few things are more important to me than our obligation to support our veterans," said Sestak. "The needs of our veterans vary greatly, from who fought in World War II to those who are serving now in the conflicts in Afghanistan and Iraq. We have a moral obligation to keep our promises to those who have kept their promise to defend our nation."

During his talks, the Congressman also spoke of his work benefiting seniors. Earlier this year he supported legislation that saves a vital housing program for seniors. The bill temporarily waives the cap on federally insured reverse mortgages, which enable homeowners to tap the equity in their house. A reverse mortgage is a unique loan that enables senior homeowners to stay in

their homes and remain financially independent by converting part of the equity without having to sell the home, give up title or take on a new monthly mortgage payment. Additionally, the Congressman cosponsored and voted for legislation to require the government to negotiate for lower drug prices for American seniors and people with disabilities in the Medicare program. The Medicare Prescription Drug Negotiation Act of 2007 will help seniors get better prices on prescription medications under Medicare. The provision in the current Medicare Rx Drug law which explicitly forbids the Department of Health and Human Services from conducting such cost-reducing negotiations will be repealed. The Democratic bill will require—not just authorizes—the Secretary for Health and Human Services to negotiate with pharmaceutical manufacturers. And he is also a cosponsor of the Elder Justice Act, a piece of legislation that would create the Elder Justice Coordinating Council to make recommendations on elder neglect, provide organizations and states with ombudsmen to address abuse and neglect in nursing homes, and provide older Americans with the same protections as victims of domestic abuse.

Moreover, Congressman Sestak supported the Congressional budget which included a reserve fund to reform and improve Medicare for beneficiaries and protect access to care. The proposed changes included improving the prescription drug benefits and creating a more sustainable system for paying physicians. Reserve funds provide a special mechanism to help high-priority policy initiatives clear budget process hurdles.

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever elected to the U.S. Congress.